



Questions about your family?

As a family, you can experience difficult times: frequent challenges with the children, you can't get out of the house, there is illness or there is a lot of tension in the household. It can be a relief if someone takes the time to listen to you, shares their thoughts and experience on parenting and offers you emotional and practical help and tips. A Home-Start volunteer can provide such support. More and more parents receive support from Home-Start.

Ask for help too.



More information?
Scan the OR.

Mother Gabriela:

"With three small children, I wanted to do everything perfectly, but I wasn't getting it right. I learned from volunteer Anne that not everything has to be in order or perfect to have a good family life."

Father José:

"We are having our first baby and have a lot of questions.

The children's healthcare centre, referred us to Home-Start.

The Home-Start volunteer listens to our story. The home visits are very valuable to us. It brings us comfort and makes us more secure as future parents."



Would you like support for your family? Contact the coordinator: